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Yeast infection test kits

So easy to use and the reading of the results was a no brainer. Myra From the # 1 most trusted urinary health brand† AZO® Vaginal pH Test Kit is clinically tested and is the same vaginal infection test used by healthcare professionals.FAST AND ACCURATE - get accurate results quickly and from the comfort of your home. Use this test if you are experiencing unusual vaginal discharge, itching, pain or burning during urination or sex.TEST BEFORE YOU TREAT - 50% of women's self-diagnosis of their vaginal infections are incorrect. This test may help you determine if your symptoms are caused by a yeast infection or bacterial infection.EASY TO READ RESULTS - AZO® Vaginal pH Test Kit measures your vaginal pH to detect potential vaginal infections, including yeast infections and bacterial infections, and may help you determine if you require follow up from a primary care provider. Use the simple, easy to read chart to determine what type of infection you may have and suggested next steps.TWO SELF TESTS - this test kit contains two individually wrapped sterile swabs and 2 individually wrapped pH self-test strips. Measures your vaginal pH to detect potential vaginal infections & may help you determine if you require follow up from a primary care provider. Get accurate results quickly & from the comfort of your home. The same vaginal infection test used by healthcare professionals. Use the AZO® Vaginal pH Test if you experience these symptoms:Unusual vaginal discharge.Itching.Pain or burning during urination or sexual intercourse. This test may help decide if your symptoms require a follow-up from your doctor. Please seek medical attention if you continue to experience symptoms or if your test result is above 5.0. This is NOT a test for diseases such as HIV, chlamydia, herpes, gonorrhea or syphilis. .WARNINGS AND PRECAUTIONS:Please read all of the following information before performing the test.For vaginal pH testing only.This is NOT a test for STDs, such as HIV, chlamydia, herpes, gonorrhea, or syphilis.Follow directions exactly for best results.Keep out of reach of children.Do not touch test area of the strip.Use strip should be discarded after use.STORAGE AND HANDLING:Store at temperatures between 59° - 86°F (15° - 30°C).Keep out of direct sunlight.Do not open pouch until ready to use.Do not use after expiration date. DIRECTIONSPlease read all the directions before performing the test. Testing your vaginal pH is quick and easy. Take your time and wash your hands before you perform this test.Remove the test strip and the cotton swab from their pouches.Place the test strip on a flat surface in a well lit area.Stand with one foot on the toilet seat or other firm surface.Gently spread apart the folds of skin that cover the opening of the vagina.Insert the cotton side of the cotton swab gently into your vagina.Insert half of the cotton swab into your vagina.Gently tilt the cotton swab so the tip touches the wall of the vagina. Hold it there for 5 seconds.Remove the cotton swab from the vagina. Be careful not to touch the tip of the cotton swab against anything.Gently drag the cotton swab across the test area on the test strip.For most accurate results, immediately compare the test area to the color chart on the pouch.Find the color block that is closest to the color on the test strip. This is your vaginal pH.Record the results and compare them to the table on the pouch.RESULTS:Normally, the vaginal pH is around 4.5. If your vaginal pH is 5.0 or above, please talk to your doctor about your symptoms and the results of this test.LIMITATIONS OF USE:Comparison to the color chart is dependent on the user. Reading of the results may be affected if you have color blindness. As with all rapid tests, major decisions about your health should not be based on any single test result. Consult your physician if you have any questions or concerns. Sign up for emails to receive newsletters and special offers, including 20% off your first purchase! By signing up for email, you agree to our Terms of Service and Privacy Policy. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. View More † Most Trusted Brand based on total AZO® brand Nielsen data through 6/15/24 and the 2024 Pharmacy Times OTC survey (For AZO®: Urinary Health and Cranberry Supplement Categories)► Based on IQVIA survey, 2023 (feminine hygiene probiotics and natural yeast (including boric acid) categories)◆ Based on custom Nielsen US xAOC, 52 W/E 1/25/25. Nicholas Hall & Company, DB6 Global OTC Database, December 31, 2023. Value Share Based on Nielsen IQ Homescan® Panel 52 weeks August 2022.† Results demonstrated in clinical studies using the probiotic blend in this product. * Biological activity of 10-oz cranberry juice cocktail.® FDA has concluded that there is limited scientific evidence supporting this claim.§ Howell, A. 2009. Bacterial Anti-adhesion Activity of Human Urine Following 27% Cranberry Juice Cocktail vs. PACran® Capsule Consumption.‡ AZO Cranberry® Gummies only contain 2 grams of sugar per serving.◆ Based on the 2022 Pharmacy Times OTC Survey (including Urinary Pain Relief and Bladder categories).** These statements have not been evaluated by the Food and Drug Administration. This product is based on theories of homeopathy.§ #1 selling UTI test based on Nielsen data through 2/25/23A Among AZO Urinary Pain Relief® Products.≈ Helps inhibit the progression of infection until you see a healthcare professional. AZO® is not intended to replace medical care.AZO® Intelliflora logo® Culturelle® are trademarks of dsm-fermtech group.Go-Less® is a trademark of Frutarom. Cissus quadrangularis CQR-300® proprietary extract is a registered trademark of Gateway Health Alliances, Inc. US PATENT 8,318,213.PreforPro® is a registered trademark of Doerland Probiotics & Enzymes Inc.Synetrim® CQ is a trademark of Icon Group, LLC and is protected under U.S. Patent 7,175,859.Flowens® is used under license from Naturex, Inc.Facran® is used under license from Givaudan Flavors CorporationCDC WebsiteWomen's Health Website2WebMD Website*Visser's D, et al., Obes Rev., 2014;15(7):610-617AZO® products are distributed by i-Health, Inc. An estimated 75% of women will experience at least one yeast infection or vaginal candidiasis (CV) in their lifetime, and nearly half will experience two or more infections. To make matters worse, yeast infections can be hard to distinguish from other vaginal conditions and sexually transmitted diseases, most notably bacterial vaginosis (BV) and Trichomonas vaginalis (TV), as all three are a type of vaginitis (the clinical word for inflammation of the vagina) that cause similar symptoms. These symptoms include vaginal pain, burning, itching and redness. However, when it comes to treatment, there are distinct differences between the three conditions, so it's important to determine which one you have. While it's always best to see a health care provider if you have any of the previously mentioned symptoms, one way to make diagnosis easier is by using an at-home yeast infection test.Table of contentsThese home-based tests enable you to get a full understanding of your vaginal health via lab processing to quickly find out if your pH levels are off. According to Dr. Alyssa Dweck, board-certified gynecologist and chief medical officer at Bonafide Health, home tests are especially beneficial for “those who have had a definitively diagnosed yeast infection in the past and feel they have another infection.” They can also help you garner important information that you can share with your doctor, particularly if you're seeing your provider through a telehealth platform, she says.However, “for those with recurrent symptoms, a formal in-office culture is advised to check for diagnosis of yeast as opposed to BV, trichomonas or another STI so proper treatment can be initiated.” she cautions.Still, since most yeast infections can be treated without a prescription, at-home tests can be a useful tool. “Over-the-counter yeasts' remedies, such as Monistat or a generic equivalent, are quite effective for simple yeast vaginitis,” Dweck explains.To help you find the best at-home yeast infection test for your needs, we spoke with our panel of medical experts to learn about the various self-administered tests on the market. Then, using my own knowledge as a health care professional and the experts' input, I researched more than 20 different yeast infection and pH tests and rated each based on accuracy, virtual medical support offered — including prescribing doctors on staff — ease of use, the wait time should a sample need to be mailed and processed by a lab and the test kit's price point. Here are the best at-home yeast infection tests for 2025, according to our research and experts. And of course, the market for at-home test kits is expanding, so it's worth noting you can also check out our top picks for best at-home STD tests and best at-home fertility tests too.Update, Dec. 30, 2024: We checked all product prices and availability. Our No. 1 pick for the best yeast infection test kit changed, as the previous option, LetsGetChecked, is no longer available. Best overall at-home yeast infection test kit(back to top)Other top at-home yeast infection tests we recommend for 2025(back to top)When choosing the right yeast infection test for you, consider the following factors:Type of test: When it comes to at-home yeast infection tests, you have the option of either a vaginal pH test (a cheaper option) with on-the-spot results or a lab test for a more accurate, in-depth screening. If you opt for a lab test, also consider what is being tested. Some tests — like the ones from Daye — look at your entire vaginal microbiome and can give you a more detailed understanding of your vaginal health. There are also tests that combine yeast infection and STD screenings, such as the test from MyLab Box.Accuracy: Lab tests are going to be more accurate than vaginal pH strips. If you do choose a lab-based test, make sure to go with a reputable company that uses CAP- and CLIA-certified labs for the most accurate results.Time until results: Lab tests can take anywhere between two and 10 days for results, so if you need something sooner, vaginal pH tests will give you results instantly.Medical support: Many lab-based tests offer doctor consultations and treatment options for positive results. With some, consultations are included in the price of the initial test, whereas others will offer consults for an additional fee.Cost: The tests on this list range from \$15 to \$200 (or more). Tests that require lab processing are pricier, while vaginal pH tests offer a more affordable option. Also, consider the cost of shipping, treatment options and medical support, as well as if the test is eligible for payment through your HSA or FSA.Privacy: Make sure to choose a company that is HIPAA-compliant and safeguards your information. Additionally, some tests are shipped in discreet packaging, because there's no reason to let all your neighbors know you've ordered vaginal swabs!(back to top)How we choseTo find the best at-home yeast infection test available, our team researched more than 20 different options and compared them based on cost, ease of use and accuracy. We made selections based on my own experience as a health care professional and health journalist along with the expert input of a panel of obstetrician-gynecologists (ob-gyns), reproductive endocrinologists and other health care professionals specializing in female sexual and reproductive health.(back to top)FAQsWhat is a yeast infection?Yeast infections are caused by a type of fungi called candida (a genus of yeast). Candida naturally lives in and on your body, but when there's an overgrowth, it can lead to infections, including oral thrush and vaginal candidiasis.Dr. Madeline Stark, an ob-gyn based in Chicago, notes that there are certain risk factors that can make vaginal yeast infections more likely:Diabetes — Yeast feeds on glucose, so women who have elevated blood glucose levels are often at a higher risk.Antibiotics — Since antibiotics kill bacteria, including the good bacteria, yeast can grow unchecked.Compromised immunity — being immunocompromised makes it harder for the immune system to prevent infection.Increased estrogen — Yeast infections are more common in women with higher levels of estrogen, such as women who are pregnant or on hormonal birth control.How do at-home yeast infection tests work?There are two different types of at-home yeast infection tests: 100% at-home vaginal pH tests and lab-based tests where you take the sample in the privacy of your home rather than a doctor's office, then ship the sample to a predetermined lab using the shipping materials included with the testing kit.Vaginal pH tests are done entirely at home and provider results are ready in a matter of minutes. These tests measure your vaginal pH levels to help determine whether or not you have an infection. Different infections are associated with different pH levels, with a yeast infection, in addition to having the usual symptoms of burning, itching and discomfort, you'll typically have a normal pH. With BV and trich, your pH level will typically be much higher so you can get a quick answer using a process of elimination.Lab-based tests, on the other hand, are much more accurate, says Stark. With these tests, only the sample collection is done at home. The testing process is done in a lab using nucleic acid amplification testing (NAAT), which can detect the presence of yeast.Will a yeast infection go away on its own?Probably not, says Dr. Stephanie Hack, board-certified ob-gyn, “While a mild yeast infection can occasionally resolve on its own, most of the time, untreated infections will only get worse.”Stark adds, “In some cases, symptoms of itching, irritation and increased discharge can occur and then resolve within a few days, which can be mistaken for a mild infection. But, she says, “In this scenario, it's more likely that yeast was not the culprit.”Are yeast infections contagious?Yeast infections are usually not contagious, says Hack, however it is possible to transmit an infection to a partner. “A large amount of yeast could be introduced into the vagina through a yeast infection on the glans penis,” she explains, adding that the passage of yeast can go both ways; some men — as many as 15% — can develop an itchy rash on their penis after unprotected sex with a partner who has a yeast infection.What are the signs of a yeast infection?Yeast infections can cause irritation, inflammation and discomfort of the vagina and vulva, says Dr. Jill Purdie, board-certified ob-gyn. Symptoms can vary, but they typically include:A burning sensation when urinating or during intercourseRedness or swelling of the vulvaAn abnormal discharge — it can be thin and watery or thick, white and clumpy with a cottage cheese-like appearanceDischarge is generally odor-freeIt's important to note that symptoms can vary so it's always a good idea to consult a healthcare provider, especially if you've never had a yeast infection before.How do you treat a yeast infection?Yeast infections are treated with a type of antifungal medication called azoles, says Stark. It comes in either topical or oral form and there are both over-the-counter and prescription options available. Over-the-counter medications include topical creams, ointments and vaginal suppositories, while oral medications require a prescription. There is also a prescription-strength cream available.Both topical and oral antifungals have similar effectiveness, Stark says, so treatment is typically based on individual preference. The only exception, she says, is during pregnancy. Topical medications are recommended for women who are pregnant, especially during the first trimester.Are at-home yeast infection tests as accurate as in-person tests?It depends on the type of test you choose, Purdie says. Tests which are based on vaginal pH are far more limited. If your vaginal pH is higher than normal, it can be indicative of a yeast infection, but these kinds of tests can't tell you for sure if you have an infection. Lab-based tests, on the other hand, actually check your vaginal fluid for the presence of yeast or other bacteria, so they are equivalent to the type of testing that you'd get at a doctor's office.(back to top)Meet our experts(back to top)Our health content is for informational purposes only and is not intended as professional medical advice. Consult a medical professional on questions about your health. The main benefit of at-home yeast infection tests is that they're convenient and provide a sense of privacy for the user, says Karyn S. Eilber, M.D., a urogynecologist at Cedars-Sinai in Los Angeles. What's more, access to at-home yeast infection tests can enhance a person's motivation to take care of their vaginal health, research suggests. The main drawback of at-home yeast infection tests is that they aren't specifically tailored to yeast infection identification. The tests mainly identify abnormal vaginal pH, explains Dr. Eilber. However, many causes can lead to changes in vaginal pH, including vaginal infections, menstrual cycle variations, taking antibiotics, vaginal douching, sexual activity and aging. Additionally, pH is often higher in people who have gone through menopause, so at-home yeast infection tests are less useful for post-menopausal people. In addition, a normal vaginal pH doesn't mean that you have a yeast infection. Your vulvar or vaginal irritation or discharge could be due to other causes, even with a normal vaginal pH. Some at-home yeast infection tests don't give an immediate result. Instead, they involve taking a swab of the vaginal area, then sending the swab to a lab for processing, says Dr. Eilber. This can potentially cause delays in treatment. Share on PinterestYeast infections are a common type of infection. About 75 percent of women have had a yeast infection at least once in their lifetimes. While uncomfortable, yeast infections are typically easy to treat. But before you can treat them, you first need to identify them. Vaginal infections are easily diagnosed by a doctor. That's your best bet since a doctor can tell you for certain whether you have a yeast infection.However, if you can't make it to a healthcare professional, you may want to try an at-home vaginal pH test. These over-the-counter (OTC) tests determine how acidic your vaginal secretions are. They're not able to tell you for sure whether you have a yeast infection, but they can help you rule out other types of infections. Healthline's picks for the best vaginal pH testsBest drugstore vaginal pH testCVS Health Feminine Screening Kit for Vaginal InfectionsIt's easy to find a cheap and effective pH test at your local drugstore. This kit from CVS includes two swabs and lets you know in seconds whether your vaginal pH is abnormal. Reviewers say it helped them figure out whether they needed to go to their gynecologist for treatment. But reviewers say they wish the kit came with more swabs for the price.As with any at-home vaginal pH test, it's important to know that this test can't tell you for sure whether you have a yeast infection.Easiest vaginal pH test to readNatureland Vaginal pH TestThis kit offers 40 pH strips to test the acidity levels in your vaginal discharge. It's easy to use and read, and it comes with plenty of strips in case there's an error with your first test. The strips are individually packaged, which makes them easy to carry and store. Customers like that the rainbow chart for these strips is easy to read, and the results appear quickly. One reviewer who had to constantly monitor her pH levels said this kit was perfect for determining whether her levels were improving during her treatments.Best discreet vaginal pH testStix Vaginal pH TestsStix offers home delivery and is urologist approved. This kit was designed by women with women in mind. Kits get delivered to your front door in a discreet box and offer quick test results. Each kit comes with two test swabs and simple instructions. Additionally, for people who need to monitor their pH levels regularly, the brand offers subscription options. Reviews show satisfaction with the tests among customers who are prone to yeast infections and those looking for affordable options. Others appreciate that the test is discreet and they don't have to make regular trips to their pharmacy. Best inexpensive vaginal pH testPGYARD Vaginal pH TestThis kit comes with 50 strips — 10 strips per pack — and is easy to use for people who need to test their pH regularly. The results are easy to read by following the chart provided by the kit. Those prone to bacterial vaginosis (BV) and yeast infections say they found this kit to be helpful and accurate during the times they felt an infection developing. Additionally, people with diabetes who have to keep track of Candida also use this kit and say they found it to be helpful with monitoring.When should you get tested for a yeast infection? Some symptoms you may experience if you have a yeast infection are:burningitchingthick vaginal discharge that's white or yellowIf you have any of these symptoms, you may want to get tested for a yeast infection. See a doctor if this is the first infection you're experiencing, or if you've tried self-treating with no improvement.If you don't have the ability to see a doctor right away, you can use an at-home pH kit to test whether your vaginal pH levels are off. What to expect from a yeast infection testThe most accurate way to determine whether you have a yeast infection is by receiving a vaginitis test from a doctor. The doctor will use a sterile cotton swab to retrieve a sample. Then, they'll examine the sample under a microscope to determine whether there's an infection. If you take an at-home pH test, you'll take one of the included pH strips and hold it against your vaginal wall for a few seconds. Then, you'll compare the color of the strip with the chart that came with your kit. This will tell you whether your pH level is off, though it won't be able to confirm for sure whether you have a yeast infection.What to do after receiving yeast infection test resultsIf you suspect you have a yeast infection after taking an at-home pH test, you can self-treat with OTC medication, such as miconazole and clotrimazole. If you get a diagnosis from a doctor, they may prescribe prescription medication, or you can also take OTC medication.People with recurrent yeast infections may be treated differently. For instance, a doctor may consider a fungal culture or recommend stronger prescription medication.FAQs about yeast infection testsCan an at-home test check for yeast infection?No. At-home pH tests cannot check for yeast infections. They can only tell you whether your vaginal pH is normal. Keep in mind that a high pH doesn't necessarily indicate an infection. Similarly, a low or normal pH doesn't confirm that an infection is present, either. The most accurate way to know whether you have a yeast infection is to get checked by a doctor.How do doctors test for yeast infections?Doctors typically conduct a vaginitis test when testing for an infection. They'll use a swab to take a sample of your vaginal discharge, which is then examined under a microscope.This test is the best option to determine whether you have a yeast infection or if it's another type of infection, such as BV, chlamydia, or trichomoniasis.Is it OK to take yeast infection medication without getting a test from a doctor first?It's safe to self-treat a yeast infection if you've had a yeast infection in the past and have similar symptoms. It's also fine to do if you've spoken with a healthcare professional, they confirm your symptoms are related to a yeast infection, and they recommend treatment. However, in cases of a severe infection, it's best to consult with a doctor. Not all itches or discharges are from yeast infections.Set up an in-person appointment with a doctor as soon as you can. If symptoms are severe, you can start OTC miconazole while waiting for your appointment.How we chose the best vaginal pH testsWe made sure to look at reputable brands with positive feedback from customers who have used the products. We also took into consideration how easy it is to take these tests and how quickly you receive the results. As previously mentioned, these tests will not tell you for certain whether you have a yeast infection. Instead, they'll indicate whether your pH levels are off. While yeast infections typically have low pH levels, some other infections, like BV, have high pH levels.It's best to get an official diagnosis and treatment from a doctor if you're unsure whether your symptoms are caused by an infection.If you have a yeast infection or suspect you have one, the only way to know for sure is to visit a doctor. At-home tests can only tell you so much about the symptoms you may be experiencing. Self-treating with an OTC medication may work for mild cases, but severe cases most likely need prescription medication. As with any infection you may be experiencing, it's best to consult with a doctor to confirm a diagnosis and receive treatment in a timely manner.