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## Fargo basketball academy

The Fargo Basketball Academy has been helping players from around the region improve their skills for more than ten years. With a staff of experienced coaches and a range of classes and programs for players of all ages, the Fargo Basketball Academy is the premiere skill enhancement organization in the area. Since its inception the Fargo Basketball Academy has trained over 15,000 players. Well over 200 Fargo Basketball Academy alumni have gone on to play at all levels of college basketball, with over 20 players currently competing. Our mission is to provide every child, regardless of age or ability, with the highest level of instruction, encouragement and fun, all while sharing our passion for the game of basketball. Most youth basketball programs group players by age or grade. Often times, there is a wide variance in abilities among youth in any given age group. With this in mind, our academy instruction philosophy is based on ability rather than age. Players are grouped by ability as determined by a variety of measurable skill sets. Classes Fill Quickly! Register Today! We have years of experience helping players from all around become better all-around players. No matter the age group or skill level, our sessions are as fun as they are informative. For beginners and younger athletes (Grades K-5), we offer 3 levels of classes, all with progressive skill challenges in basketball development. These classes run in consecutive 4-week sessions. Players are grouped by ability (rather than age) as determined by a variety of measurable skill sets. Players that reach a defined skill level will advance to the next level. For our advanced players (Grades 4-12), we offer classes that emphasize a specific area of development through our pathway series. Each month we will highlight and offer classes representing a different pathway. Our goal is to help each player with his/her overall basketball improvement, but more importantly, we want each participant to develop a clear understanding of what it takes to get better. Approximately Grades K, 1. Must be at least 5 years old. In this level, the basketball hoops will be lowered to 8 feet and players will use a smaller basketball. The goal is for them to start developing a joy for basketball while interacting with other children their age in a fun, friendly atmosphere. The activities at this level are more play oriented such as group relay races, shooting games, cone dribbling and group passing games. The main objective here is to work on hand-eye coordination and to have a ball in the children's hands so that they are dribbling, passing, catching or shooting as much as possible. [This class was previously named Level 1: Just Starting but changed to align with Shoot360 nationwide offerings.] Approximately Grades 1, 2, 3 The basketball hoops will be lowered to 9 feet for this level to allow for players to learn and maintain proper shooting form. This level is geared towards younger players with limited experience. We will introduce the basic lines on the court as well as basic basketball rules such as traveling, double dribble, and fouls. The curriculum will focus on ball handling (learning to get comfortable with the ball), passing and catching techniques, jump stops and pivots, and basic defensive stance. They'll work on the footwork needed for a dominant-hand lay-up. Most importantly, players will develop proper shooting form to set them up with good habits from a young age. Games such as dribble tag or basketball relays will be played to make the class fun while we build towards playing in a real game situation. [This class was previously named Level 2: Hoops for Fun but changed to align with Shoot360 nationwide offerings.] Geared towards tween players new to basketball (or with limited game experience) in addition to younger players that have advanced through our program and have been identified by coaches as a player ready to play on a 10-foot hoop. This session is designed to help players solidify proper shooting mechanics. In addition, they will continue work on both a dominant and weak hand layup. When we do the layup maze, we encourage them to shoot with the right hand on the right side of the basket and the left hand on the left side of the basket. The curriculum will focus on stationary dribbling skills, change of direction and combination dribble moves, strong and weak handed one-foot lay-ups, passing on the move, zig-zag defensive slides and spot up shooting. Athletes in the Ankle Breaker classes will work towards becoming a master at manipulating the ball and their defender. In this class series, they'll develop moves to become shy and hard to stay in front of. Athletes in the craftsman clinics want to win and will work towards becoming the most skilled. Athletes in the Fundamentalist classes want to develop a strong foundation and are committed to the process. This series is for players that don't take shortcuts to get where they want to be and want to be depended upon every time they step on the floor. Athletes in the Playmaker classes will work to become an adept all-around player with the ability to pass, score and handle the ball. This series is designed for the player with the desire to do whatever is needed to win. These classes will work on scoring in a variety of situations. Athletes in this class should want to develop moves to become a complete scorer to be able to get a bucket from anywhere on the floor in a variety of ways. Athletes in these classes will work to be come an expert in any catch-and-shoot scenario. This class is designed for the player that wants to develop the ability to shoot the ball at a high level to allow them to space the floor well for their team. Build a solid foundation for the future. While we love basketball, we know that life is too short for just one sport. Little Hoppers is a high energy, fun class that exposes your child to a range of sports skills and physical experiences. These weekday morning classes run in consecutive 4-week sessions and are 45 minutes in length. These classes do require adults to be involved and hands-on with the child to ensure the best possible outcome. Class sizes are limited to 8 toddlers per session. Little Hoppers CLASS DESCRIPTION Helping young kids grow by leaps and bounds! This class offers a dynamic environment that provides physical challenges, body awareness and sensory stimulation for children aged 2.5 to 4. During Little Hoppers the participants will have the opportunity to develop new skills, play games, engage in early socialization exercises and take steps toward important developmental milestones. During the first 30 minutes of class, participants will engage in structured, themed activities such as obstacle courses, scooter rides, parachute play or games designed for a specific skill set (like dribbling a basketball, throwing a ball or kicking a soccer ball). The class will conclude with time to jump, climb and slide in our bounce houses. This approach of directed activity will engage your child, but the class does require adults (parents, nannies, grandparents, etc.) to be involved and hands-on with their child. Together you'll work on developing motor, cognitive and social skills while having an enjoyable experience. With your guidance, your child will gain new skills, meet new challenges and push boundaries with confidence and curiosity. Helping Players Improve Their Skills All Year Long School Year Schedule During the school year, we offer a variety of different types of structured classes that run in consecutive weekly sessions throughout the month. Click the session links on this page to display our available schedules. Schedules are released at least 2 weeks prior to the start of the session. May Classes: May 1-21 (3-week session) Summer Schedule During the summer, we change our focus to more intensive clinics. The basketball clinics and volleyball clinics are geared for a specific area of focus to help players optimize their skills. The clinics will use a combination of instruction, drills and competition to help serious players excel. We also offer summer volleyball leagues, a 3-on-3 basketball league, and 2v2 tournaments. Year-Round Schedule No matter the season, we always offer basketball private lessons and volleyball private lessons that can be designed for individual players or small groups. We also offer team trainings for customized, private sessions benefiting teams of any level. Register Online To register your child, follow the links on this page to view the schedule for the course you want to attend. Then fill out the form to register online. Fargo's Premier Instructional Facility Basketball is as much about will as it is about skill. If you're ready to elevate your game, the Fargo Basketball Academy and Shoot 360 Fargo can help you get there. Our instructors have extensive coaching experience and have played at every competitive level, including the NBA. From introducing young players to the fundamentals of the game, to helping high school players maximize their potential and prepare for a collegiate career, our facility provides an opportunity for players to improve their skills year-round in a positive, competitive environment. It all started with a Google search. Josh Johnson, Owner of Fargo Basketball Academy was looking for the next big thing, a way to improve his already established basketball training facility. And he knew that whatever that might be, it probably had a technological component to it. That search eventually led him to Shoot 360. At the time that Johnson first reached out, there were only four Shoot 360 stores in existence with locations in Portland, O.R., Vancouver, W.A., Los Angeles, C.A. and Indianapolis, I.N., meaning it was time to take a trip out west. "Immediately when I walked into the LA store with the manager, I was blown away," Johnson said. "I came back to town and told my wife that we had to do this immediately." From there, Johnson began a process of bringing Shoot 360 to the Fargo market—a process that would take a few years. "I went out to meet the company's founder, Craig Moody," Johnson said. "What is funny is that we actually already knew each other. I used to coach basketball in Portland and that's where he's from so I kind of knew him already. We hit it off right away, but I don't think he would have bet on Fargo as early as he did if we didn't have those mutual connections." Now, Shoot 360 is here and it's truly disrupting the local basketball market for the better. Shoot 360 brings basketball training, technology and video gaming together for the ultimate basketball training and competition experience. At the heart of the Shoot 360 technology is the capability to track a shot's 3 important components: the arc, the depth and its right-left positioning in relation to the center of the hoop. Shoot 360 does all of this while offering multiple game options and assisted rebounding... and that's just the tip of the iceberg! Fargo's Shoot 360 facility also features interactive bays where athletes can practice their handles and passing abilities. There isn't really one thing. It's kind of the whole package that makes you say "wow." You can go in as a beginner and get involved in the gaming aspect of it or you can come in as a DI athlete or even an NBA athlete and get just as intense of a workout. It's the overall feel, the overall look, the overall environment. This is the future of basketball. Even though they are two separate businesses, they are only separated by a wall and they really do feed off of each other. Josh Johnson and his wife Katie Johnson, who runs the entire Fargo Basketball Academy side of the operation. The Fargo Basketball Academy is a basketball training facility located along 52nd Avenue South in Fargo featuring fantastic instructors who have played at every competitive level, including the NBA. The facility sits directly next to Shoot 360 and has both private and group lessons available. Don't play basketball? They also have volleyball instructors and lessons. 5409 53rd Ave S, Fargo, NDshoot360.com/fargoofargobasketball.com(701)356-5666 At Fargo Basketball Academy, you have the old-school traditional classroom setting where kids of all ages and skill levels can come and learn that way. On the Shoot 360 side, you have the opportunity to experience the new age technology and, at times, we'll kind of merge the two and even do private FBA lessons on the Shoot 360 side. We moved back to the Fargo area from Portland in 2017 and I was working for my father-in-law who was a real estate developer in town. I loved that and I enjoyed being there, but I just needed to get back with the sport, with kids and be my own boss. My son was taking FBA classes like any normal kid and one day when I was picking him up, the light bulb went off and I eventually called the founder, Tom Wilberscheid, and asked him if he would ever sell the place. We had a few meetings after that and he thought about it for three or four months before we got a contract signed. No. I've owned several businesses. The first time I lived in Fargo, from 2006 to 2011, I ran a basketball tournament business. I've always been an entrepreneur. It's the relationship with the kids. Whether they end up playing basketball or not, it's the smile you see on their face. I get a lot of gratification out of being able to positively impact kids on a daily basis. Sometimes they want to talk about anything but basketball. They want to tell you all about how they did on a test or what they did on the weekend or how they played in their game. Sometimes when you see them in public, they'll just run up to you and start talking. That's the most gratifying part is making a positive, impact in their lives. Shoot 360 Fargo signed 7 NDSU women's basketball players to a NIL deal this year to be members and ambassadors of the business! Heaven Hamling Abbey KubasRachel NovakKatie HilderbrandtEmily Behnke Sophie Olson Abby Schulte Page 2 When: Tuesday, June 28 from 5:30 p.m. to 8:00 p.m.Where: W.H. Davy Memorial Park Swing by the Moorhead RiverArts to have a fun-filled night complete with yard games, art activities, barrel car rides and so much more. Also, don't forget about live music from Rick Adams! If you miss this one, other dates include July 12, 26 and August 9. When: Thursday, June 30 from 7:00 p.m. to 8:30 p.m.Where: Gooseberry Park You won't want to miss the wide range of music that the FM Kicks Band will have to offer at a relaxing outdoor concert. Don't forget your lawn chair! When: Sunday, July 4 from 7:30 a.m. to 10:00 a.m.Where: Bonanzaville Walk or run for those who have served this 4th of July before you begin your annual festivities! When: Sunday, June 26 at 1 p.m.Where: Outside of the Fargo Theater Come check out vintage cars as you've never seen before, as they drive through North Dakota for the first time in their 39-year history! When: Wednesday, June 22 from 5:30 p.m. to 7:30 p.m.Where: Madison Park & Bicycle Playground Take the kids outside to a fun triathlon, complete with biking, an obstacle course and a disc throwing activity! Carson Wentz A01 Foundation Charity Softball Game When: Tuesday, June 21Time: 6:00 p.m. to 9:00 p.m.Where: Newman Outdoor Field "I've been a Carson Wentz fan since his NDSU days. I'm excited to see him and other former players in a home run derby and a nine-inning game!" Red River Valley Fair When: July 8-17Where: 1805 Main Ave West, West Fargo, ND "I've attended the Red River Valley Fair for as long as I can remember. I'm looking forward to continuing the tradition and checking out the arts, crafts and shows!" River Paddling Excursion When: Wednesday, July 6Time: 6 p.m.Where: Hjemkomst Landing, 202 1st Ave N, Moorhead, MN "I've never been river paddling before, but I'm excited to give it my best try on a guided tour! I'm ready to hit the water and explore the beautiful Red River's history and ecology." Live + Local Concert Series Chase & Ovation When: Thursday, July 14Time: 6 p.m.Where: Broadway Square Plaza "This will be my first time seeing music at Broadway Square. As part of the street fair, I plan on enjoying good music and a great time in Downtown Fargo!" Page 3 The summer season is here and we are ready to eat! This month is all about summer eating, and what encompasses that better than delicious and unique food trucks? Part of the excitement is figuring out where these tasty trucks are off to next, make sure you follow their social media to see! Underneath this mountain of toppings sits one of the finest hotdogs in the metro... Vittle's Super Dog, and it's exactly what it sounds like. This all-beef dog is cooked to perfection, layered with cream cheese, mac-n-cheese, Hot Cheetos and really whatever else you want on it! Look for Vittle's colorful lights on the streets of Broadway, and you'll know you're in for a treat. Vittle's Food This delicious walking waffle creation is topped with whipped goat cheese, a balsamic glaze and finished off with crushed walnuts. Find this delicious treat, along with more British Street Waffles at the Windsor Waffle food truck! Windsor Waffle The fish taco (dower left) is topped with spinach, pico and some tasty chipotle dressing. The nachos (right) are loaded with some of the most flavorful chicken around, and more goodies like fresh veggies, pico and guacamole! Lastly, the show stopper, the Quesirria order features grilled handmade tortillas, cheese, birria, cilantro, onion, and delicious broth on the side! Casa Delicia Eatery Inside of the popular food truck mac, the Mac and Oink, is BBO cheddar sauce, slow-roasted pork belly, cottage bacon and bacon crumbles. This dish is topped with shredded cheddar cheese, BBO drizzle and onion straws. Not only is this a fan favorite from the food truck, but it's one of the original mac and cheese creations! Mac Daddy's Fargo Fillies This African cuisine is a welcomed addition to the food truck scene. Sweet meets savory with the appetizing 5BK Sandwich (right) made with a waffle bowl and served with fried plantains. Try the pastry fried Sambusas (left) with a delicious meat filling! Included here is also the Suya Bowl (middle)zzz, which has a layer of jollof rice, meat, and salad and is topped with 5BK and Suya powder. Adibon Fusion Cuisine skip navigation Welcome to Rise Up Basketball Academy your premier destination for basketball training featuring travel and AAU teams, as well as personalized small group and one-on-one sessions, all located at the Empire Sports Complex in Fargo North Dakota Private Rise Up Kids Program (K-4th Grade) Rise Up Skill Pass Training (Grades 5-9) Rise Up Summer Skills Camp June & July 2025 Director Phone: 701-446-8502 The Empire Sports Complex 4170 24th Ave N Fargo, ND 58102